

# ...a3crg Circuit Time Trials 2022

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

**Glorious Goodwood Circuit Races ~ Chichester PO18 0PX**

**Wednesday 15<sup>th</sup> June ~ 18:30hrs ~ 10-mile TT**

**@ The Iconic Goodwood Motor Racing Circuit ~ Course P917/10**

**Today, Records Will Be Set**

i.e. The first Rider to finish the 10m will hold the course record. . . . . until . . . . .?

**Timekeeping Crew:** Trevor Beauchamp, Kathleen Collard-Berry, Maria Golden,  
Martin Whitty, Sarah Matthews

**Start Line Stewards:** Gareth Peters (Speaker), Steve Legg

**Motor Cycle Marshals:** Steve Humphrey, Colin Enticknap

**Signing-On & Reception:** Sarah Mackley

**Photography by:**

There are "Provisional Results" available on-line during the event via: <https://resultsheet.co.uk>

**Procedure for the Event:**

**Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing**

**Gates will open at 17:30 ~ Please don't arrive early & block the road.**

- *If you have road race pockets for your number, please use the left-hand pocket to aid the finishers.*
- *Please Respect Covid-19 Conditions & Protocol, it hasn't gone away yet, not all riders are feeling comfortable.*
- *Do not walk across the airfield, it is an active aerodrome, rotor blades can make a mess of you & also tears your skinsuit.*
- *Look where you are going, keep your head up,*
- *If caught, ease back; do not take pace on the wheel of the rider who caught you*
- *If passing a rider, please make sure the effort is enough to pass completely*
- ***Last Lap**, stay on the Left inside the black Cones on the Finish Section, and shout your number out as you finish.*
- **There may be time between 18:20 & 18:50 to warm up on the track (no riders warming -up on the track after 18:50)**

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided.

**Event Secretary:** David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN  
Tel.: 01428 651843 ~ mobile : 07770 885428 ~ email [dcb@a3crg.co.uk](mailto:dcb@a3crg.co.uk)

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that a WORKING FRONT & REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

**All Ten Mile times** set during this Open Event (unlike club event times) are “Official” & can be used for updating any PB’s, used for qualifying for National Championships, Veteran Standards & Age Group Records.

**Course Length 10 miles (4 & bit Laps) Except Event 1:**

**The Start is at Pit Number 15.** After leaving the Pit Lane proceed with care onto the circuit keeping the right handside, bear right following the circuit. After passing a “Radio Mast” on your right handside you will pass the finish area at 10 yards, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the (Circuit) “Pit Straight”, make sure you are in the middle of the circuit.

After bearing right, you are are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come & onto the (Circuit) “Pit Straight” keep to the left to the outside of the circuit, so that you are in-line to go through the coned finish lane **to finish** (10 miles). **DO NOT NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).**

**Riders 40 years & over are in 5 year Age Groups i.e. “A” 40-44 etc., rather than just “veterans”**

**Senior riders under 30yrs = Sen-A ~ 30yrs-39yrs = Sen-B**

**Road Bike Regs: No Aero Bars, Pointy Hat & Disc Wheel (Max wheel Depth 90mm)**

**This is a 30 second Start Time Event, check your start time, late starts may not be an option.**

**Event 1: ~ Youths 10yrs - 14yrs ~ 3 Laps 7.60 miles (3 & bit Laps) Road Bikes**

Num	Rider	Squadra/Team/Club	Cat	Départ
3	James Mitchell	...a3crg	Youth-12	19:01:30
4	Amy Clarke	Surrey Cycle Racing League	Femme-11	19:02:00
5	Lucas Lovell	Portsmouth North End CC	Youth-13	19:02:30
6	Arlo Parker	VC Godalming & Haslemere	Youth-12	19:03:00

**Event 2: (Formula Libre) Youth 13 yrs. - 15yrs ~ 4 & bit Laps 10-miles**

Num	Rider	Squadra/Team/Club	Cat	Départ
7	Micah Williams	Chichester Triathlon Club	Youth-14	19:03:30
8	Grace Bishop	Chichester Triathlon Club	Femme-15	19:04:00
9	Daisy Bew	Chichester Triathlon Club	Femme-15	19:04:30

**Event 3: Men's Road Bikes, 4 & bit Laps 10-miles**

*(Featuring the “Chris” Championship)*

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
10	David Robbins	Petersfield Triathlon Club	Vet E	19:05:00
11	Harry Gilliam	Laka x Pedal Mafia Race Team	Sen-B	19:05:30
12	Robert Sweatman	New Forest CC	Vet E	19:06:00
13	Adam Hughes	Petersfield Triathlon Club	Sen-B	19:06:30
14	Chris Parker	VC Godalming & Haslemere	Vet-B	19:07:00
15	Chris Wallis	Blazing Saddles	Vet-A	19:07:30
16	Chris Gambs	Portsmouth North End CC	Vet-D	19:08:00
17	Ben Williams	Racing Club Ravenna	Sen-B	19:08:30

### Event 4: Femmes Road Bikes, 4 & bit Laps 10-miles

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
18	Karen Nash	Chichester City Riders	WV-C	19:09:00
19	Deborah Smith	Southdown Velo	WV-B	19:09:30

### Event 5: Heritage Bikes (pre 2001 Bikes) 4 & bit Laps 10-miles

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
20	Vernon Schutte	Farnborough & Camberley CC	Vet-F	19:10:00

### Event 6: "Saga Night" Over 60's ~ 4 & bit Laps 10-miles

Please Hand In "Carers Consent Form" at Reception

**VTTA Standard: This is the "Time" to beat for 10-miles, the biggest plus (no sniggering), Wins!**

Num	Rider	Squadra/Team/Club	Grp	VTTA Std	Départ
21	David England	Crabwood Cycling Club	Vet-H	0:31:22	19:10:30
22	David Potheary	Southdown Velo	Vet-G	0:29:19	19:11:00
23	Patrick Miles	Verulam CC	Vet-F	0:28:58	19:11:30
24	David Patten	Bognor Regis CC	Vet-G	0:29:19	19:12:00
25	Alan Allcock	Didcot Phoenix CC	Vet-F	0:28:49	19:12:30
26	Ian Sherin	3C Cycle Club	Vet E	0:27:51	19:13:00
27	Andrew Phipps	Royal Navy & Royal Marines CA	Vet E	0:27:51	19:13:30
28	Mike Anderson	CC Moncontour	Vet E	0:28:22	19:14:00
29	Michael Stevens	Fareham Wheelers CC	Vet E	0:27:58	19:14:30
30	Matt Hill	VC Godalming & Haslemere	Vet E	0:27:58	19:15:00

### Event 7: Femmes Smooth TT Bikes ~ 4 & bit Laps 10-miles

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
31	Johanna Lovell	Portsmouth North End CC	WV-C	19:15:30
32	Sian Hawkes	Portsmouth Triathletes	WV-C	19:16:00
33	Lucy Mitchell	...a3crg	WV-A	19:16:30
34	Rowena Rogers	Petersfield Triathlon Club	WV-B	19:17:00
35	Caroline Nottage	Army Cycling	WS-B	19:17:30
36	Kirsty McSeveney	...a3crg	WV-A	19:18:00
37	Ruth Jones	GS Mossa	WV-A	19:18:30
38	Kate Stillwell	Petersfield Triathlon Club	WS-B	19:19:00
39	Angela Carpenter	...a3crg	WV-C	19:19:30

### Event 8: Men's Flash TT Bikes ~ 4 & bit Laps 10-miles

Num	Rider	Squadra/Team/Club	Cat/Grp	Départ
2	Darren Lyons	Army Cycling	Sen-B	19:01:00
40	Christian Maltby	Chichester Triathlon Club	Vet-B	19:20:00
41	Martin Balk	3C Cycle Club	Vet E	19:20:30
42	David Sharp	Portsmouth Triathletes	Vet-D	19:21:00
43	Adrian Karn	Southdown Velo	Vet-B	19:21:30
44	Nigel Greenfield	...a3crg	Vet-D	19:22:00
45	Mike Cooper	Chichester Triathlon Club	Vet-D	19:22:30
46	David Marshall	Hemel Hempstead CC	Vet-D	19:23:00

47	Richard Miles	Bognor Regis CC	Vet-F	19:23:30
48	James Andrews	VC Godalming & Haslemere	Vet-B	19:24:00
49	Stuart Thompson	Velo Club St Raphael	Vet-B	19:24:30
50	Nick Andrews	Portsmouth North End CC	Vet-D	19:25:00
51	Graeme Stirzaker	...a3crg	Vet-C	19:25:30
52	Shaun Smart	Southdown Velo	Vet-D	19:26:00
53	Richard Bradley	3C Cycle Club	Vet-B	19:26:30
54	Darren Nice	Chichester Triathlon Club	Vet-C	19:27:00
55	Richard Gifford	trainSharp	Vet-D	19:27:30
56	William Sawyer	Velo Club St Raphael	Vet-D	19:28:00
57	Darren Anderson	Fareham Wheelers CC	Vet-B	19:28:30
58	Jon Hughes	VC Godalming & Haslemere	Vet-C	19:29:00
59	James Griffin	trainSharp	Sen-B	19:29:30
60	Luke Sheard	London Fields Triathlon Club	Sen-A	19:30:00
61	Adam Coppard	Chichester City Riders	Sen-B	19:30:30
62	Ben Lowe	Precision Race Team	Sen-B	19:31:00
63	Edward Sharpe	Tri Training Harder	Sen-A	19:31:30
64	Elliot Brown	VC Godalming & Haslemere	Sen-B	19:32:00
65	George Sloan	VC de Londres	Esp-21	19:32:30
66	Joshua Lahiri	Portsmouth Hill CC	Sen-A	19:33:00
67	Chris Carroll	VC Godalming & Haslemere	Sen-B	19:33:30
68	Howard Bayley	Blazing Saddles	Vet-B	19:34:00
69	Terry Wilson	Chichester City Riders	Sen-B	19:34:30
70	Nik Allen	Team TMC	Vet-C	19:35:00
71	Neil Mackley	...a3crg	Vet-D	19:35:30
72	Peter Younghusband	Petersfield Triathlon Club	Vet-D	19:36:00
73	Bryce Dyer	Bournemouth Cycleworks	Vet-B	19:36:30
74	Andy Langdown	...a3crg	Vet-C	19:37:00
75	Matthew Gilmour	Velo Club Venta	Jun-16	19:37:30
76	Brendan Reese	Army Cycling	Vet-B	19:38:00
77	David Walters	VC Godalming & Haslemere	Vet-D	19:38:30
78	Sam Clark	trainSharp	Esp-21	19:39:00
79	James Fawcett	...a3crg	Vet-D	19:39:30
80	Joe Parker	Racing Club Ravenna	Sen-B	19:40:00

## COURSE DETAILS, CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**. Social distancing must be respected in the start area.

The start is approximately halfway along the pit (Number15) lane wall where you will do a standing start. When entering the track please check for other riders, count your laps from the finish point (one less for youth riders 9years-14 year RB) ignoring the chicane (This is a wall on the track, you must stay to the left of the wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Levant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will finish in the finish area, this is on **the left-hand side of the track & you will have seen the black coned off area** at the start & on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please do a cool down lap, riding tight to the left-hand side of the track. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remember to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track.

#### **AT THE END OF THE EVENT (Time Trial**

As you exit the track through the gate there will be a Sign and a box to return your race number, PLEASE. (sign out).

#### **DO NOT IN ANY CIRCUMSTANCES CROSS THE AIRFIELD.**

Should you have a mechanical, you must walk back around the circuit as it is a working Airfield. There will be motorcycle marshals riding round if you need assistance.

#### **ARRIVING AT GOODWOOD**

Goodwood Circuit will not be open for riders until 17:30, please respect the early starters **and only arrive at a time that suits your sign on and warm up.** At the entrance you may be greeted by Goodwood staff who may ask for your name. Remember this is a private facility.

#### **CAR PARKING**

After progressing through the tunnel, you will turn left into the bayed car parking area. Please Park up as quickly & tidily as directed.

#### **SIGNING ON**

Once parked, go to the reception area to collect your race number (sign in). There are two toilet blocks one at either end of the Car Park but changing is limited so you should arrive race ready. To speed up registration there will be two lines depending on your race numbers, odds riders one side evens on the other, please read the sign.

**Turbo warm-ups are allowed** but please respect other riders car parking. **There may be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.**

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the **“HORSEBOX”** on site.

**Please Respect other Riders Social Distancing . . . . even behind the “Bike Shed”**

**& Lastly, Enjoy your evening & thank you for your support.**

### **Next ...a3crg Open Event Date at Goodwood 2022**

<b>Date &amp; Time</b>	<b>Event</b>
Saturday 2 <sup>nd</sup> July 18:00	National VTTA Age Group Championships 40 + years (Awards open to Non-VTTA Members & VTTA Members). Plus other events including 4-Up Team Time Trial
Saturday 16 <sup>th</sup> July 18:00	National Youth Champs (South DC) (Under 17years of age on the 31 <sup>st</sup> August). South DC District 10-mile Championships & Road bike & TT Bike. Plus 3 or 4-Up Team Time Trial Championship